

## Week One Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals & Toast	Selection of Cereals & Toast	Selection of cereals & oast	Selection of Cereals & Toast	Selection of Cereals & Toast
<b>Morning Snack</b>	Toast with Apple	Malted Milk Biscuit and Orange	Breadsticks and Green Grapes	Ritz and Cheese Chunks	Crackerbread and Raisins
<b>Lunch &amp; Dessert</b>	Breaded Chicken, Sweetcorn & Roasties Whole Milk Yogurt	Chicken & Vegetable Crumble Fruit Salad	Cottage Pie Flapjack	Sausages, Baked Beans and Mash Whole Milk Yogurt	Lasagne served with Garlic Bread Custard
<b>Afternoon tea</b>	Rice Cakes and Pears	Pancake with Banana	Brioche with Orange	Blueberry Muffin with Red Grapes	Sandwich with Apple
<b>Weaning stage morning snack</b>	Puréed Apple	Puréed Strawberries	Puréed Apricots	Puréed Mango	Mashed Banana
<b>Weaning Stage lunch and dessert</b>	Mixed Vegetable Medley Whole Milk Yogurt	Chicken and Vegetable Puree Fruit Salad Purée	Cottage Pie Strawberry Mousse	Lentil & Potato Delight Whole Milk Yogurt	Parsnip, Sweet Potato & Carrot Mash Custard
<b>Weaning Stage Afternoon Tea</b>	Rice Cakes with Puréed Pear	Rusks with Mashed Banana	Rice Pudding with Puréed Peaches	Baby Biscotti with Berry Medley	Baby Rice with Puréed Apple