





Summer Menu - Week One

Day	Morning Snack	Option 1	Option 2	Afternoon Tea
Monday	 <p>Toast and fresh fruit</p>	<p>Chicken, Apricot and Chickpeas</p> <p>-----</p> <p>Custard</p>	<p>Chicken with vegetables sweet & sour sauce and Boiled Rice</p> <p>-----</p> <p>Custard</p>	<p><u>Option 1</u> Fruit salad puree</p> <p><u>Option 2</u> Pancakes & Fruit</p>
Tuesday	 <p>Toast and fresh fruit</p>	<p>Parsnip, potato and carrot mash</p> <p>-----</p> <p>Strawberry Mousse</p>	<p>Sausage, potato and beans</p> <p>-----</p> <p>Strawberry Mousse</p>	<p><u>Option 1</u> Rice cakes & apple puree</p> <p><u>Option 2</u> Brioche and apple</p>
Wednesday	 <p>Toast and fresh fruit</p>	<p>Lentil and Sweet Potato</p> <p>-----</p> <p>Banana Mousse</p>	<p>Bolognese Pasta Bake</p> <p>-----</p> <p>Jelly</p>	<p><u>Option 1</u> Baby Rice with mango</p> <p><u>Option 2</u> Crackers and Cheese</p>
Thursday	 <p>Toast and fresh fruit</p>	<p>Cod, broccoli and peas</p> <p>-----</p> <p>Yoghurt</p>	<p>Fishcakes, peas and potato waffles</p> <p>-----</p> <p>Yoghurt</p>	<p><u>Option 1</u> Rusks with banana</p> <p><u>Option 2</u> Selection of Sandwiches & raisins</p>
Friday	 <p>Toast and fresh fruit</p>	<p>Leek, cauliflower and potato</p> <p>-----</p> <p>Fruit Salad</p>	<p>Chicken Casserole served with mash potato</p> <p>-----</p> <p>Ice Cream</p>	<p><u>Option 1</u> Rice pudding & peaches</p> <p><u>Option 2</u> Cocktail sausages and breadsticks</p>